



BLUE GRASS BEAUTY.

Miss Louisiana Gibson Appointed Chief Maid of Honor of Next Confederate Reunion.

Miss Louisiana Gibson, of Lexington, Ky., recently appointed by Gen. J. B. Gordon as chief maid of honor for the next confederate reunion to be held in New Orleans, received her name "Louisiana" in honor of the famous Louisiana purchase.

She is the daughter of Col. Tobias Gibson and niece of Col. Hart Gibson, both confederate officers and influ-



MISS LOUISIANA GIBSON.

tial Kentuckians. She is also a niece of Gen. Randall Gibson, late United States senator from Louisiana.

The Gibsons, the McKinleys, the Prestons, the Breckenridges, Harts and Shelys are closely related American families, members of which have been conspicuous not only on the battlefield but in public life, from colonial and revolutionary times to the present day, and as statesmen, governors and brilliant jurists.

After the Louisiana purchase in 1803 brought about by Mr. Livingston, in Paris, John C. Breckinridge, attorney general, and Thomas Jefferson, president of the United States, John Breckinridge went to make a visit to Spring Hill, the home of his relatives, the Harts, in Woodford county, Ky.

While he was there a child was born to Susanna Preston Hart, and to Mr. Breckinridge was given the honor of naming the little girl. "I will call her Louisiana, in commemoration of my greatest achievement," said he. Mrs. Hart replied: "I will add Breckinridge in honor of my favorite cousin."

Afterward little Louisiana Breckinridge Hart became the wife of Tobias Gibson, Sr., of Louisiana, and the mother of Col. Tobias Gibson, Jr., of Lexington, who gave his daughter the pretty and significant name of her grandmother.

PRETTY GIRLS DAZZLE KAISER

An Army Barracks Is to Be Built at Crefeld at Request of German Belles.

The photographs of twenty of the prettiest girls in Crefeld, Germany, have now become part of the reichstag records, as a tangible argument why parliament should appropriate funds for the erection of a barracks at Crefeld, so as to enable the girls to have lieutenants as dance partners. War Minister von Gessler put the item in the military budget at Emperor William's request, which explained the now well-known story of the emperor's visit to Crefeld last summer. The emperor at a party one night was surrounded by a number of girls, and said to them:

"You like to dance with my lieutenants, don't you?"

"Alas, your majesty," replied one of the girls, "there are no lieutenants."

"No lieutenants!" exclaimed the emperor; "then I will send you a regiment."

Thereupon he directed that a hussar regiment be transferred from Dusseldorf to Crefeld as soon as barracks could be built for the soldiers.

Dressing for Various Days.

In one country, at least, woman's dress is regulated entirely by the day of the week. In Siam every woman is a living calendar. On Sunday red silk, with a parure of rubies, is worn; Monday brings a silver and white dress and a necklace of moonstones; Tuesday is dedicated to light red, with coral ornaments; Wednesday is devoted to green, with emeralds; Thursday sees a display of variegated colors, with cat's eye; Friday the lady is arrayed in pale blue, with flashing diamonds, and Saturday in more somber, darker blue, with sapphires to match.

Coloring Silk Cocoons.

It is found that silk cocoons can be given any color by coloring the leaves upon which the silkworm feeds.

PERSONAL CHARM.

It Must Be Assiduously Cultivated by the Actress Who Wishes to Be a Success.

There are few people except those who are personally familiar with the stage who can fully comprehend the professional life of one engaged in the presentation of the higher class drama. It has become a custom of recent years to attack with more or less ability the moral and intellectual tendencies of the stage, and more than one fierce war has been waged against the so-called degeneracy of the modern drama. This, of course, arises from the lack, or rather the want, of a more intimate knowledge of stage affairs.

I take it that a large majority of those engaged in the dramatic profession are desirous of elevating the stage, that being a common phrase these days. When we look back over what has been accomplished for the stage in the United States during the past 25 years, one cannot help realizing that a great reform has taken place, and this reform is for the better. We have better theaters, both for the comfort of the players and the audiences.

"We have more actors and better actors. Some of the best financial minds in the country are largely interested in the business.

There is one phase, however, I think, of the stage and its life to-day that those who are inclined to criticize are apt to forget in their tirades, and that is the education in personal attractiveness and adornment, and, incidentally, the education of health that the woman of the modern stage is not only seeking to give, but in fact giving to her society sister.

If Shakespeare dissected the inner man, the modern playwright certainly exploits the outer woman.

In the mythology of every nation there has been a possessor of a magic mirror in which can be seen reflected the future. It is this mirror that the modern drama holds up to its beholders. It may be said in all modesty that we sisters of the stage are in advance—that is, we lead the way—we picture what is to be rather than portray what has been. And I am not sure but that



MISS VIRGINIA HARNED.

the chief exploitation is that of health. Surely there is no harder worked creature than the modern actress; and, to be able to perform her work, health is the one great essential. The actress is a literal slave. She can go nowhere, see no one; she must be careful of her diet and of her nerves. The routine of her life must be carried on with absolute military precision. She must sacrifice all that a woman most loves in order that she may be physically able to carry on her work. It is the preparation of this work, the physical preparation, that is so vital to the modern actress.

This preparation means time and money; it means, in a sense, a life of luxury, but it is an expensive luxury; but, after all, this luxury, so-called, is an extreme necessity. While it is true the leading actresses of the country make money in large quantities, little of it is being saved. Their income must be spent with a lavish hand.

It is the accessories of one's life—the life of an actress that are so essential—the masseuse, the manicure, the hairdresser and the maids—and oftentimes so many of them—all of the necessary helpers in the great battle for health. There is the cold plunge in the morning that must be taken in the proper temperature; the drives and other out-of-door exercises—the constant, ceaseless care of the body that takes up the necessary routine. It is a never-ending struggle; therefore I repeat again that the actress, if she be true to her profession, is indeed a slave.

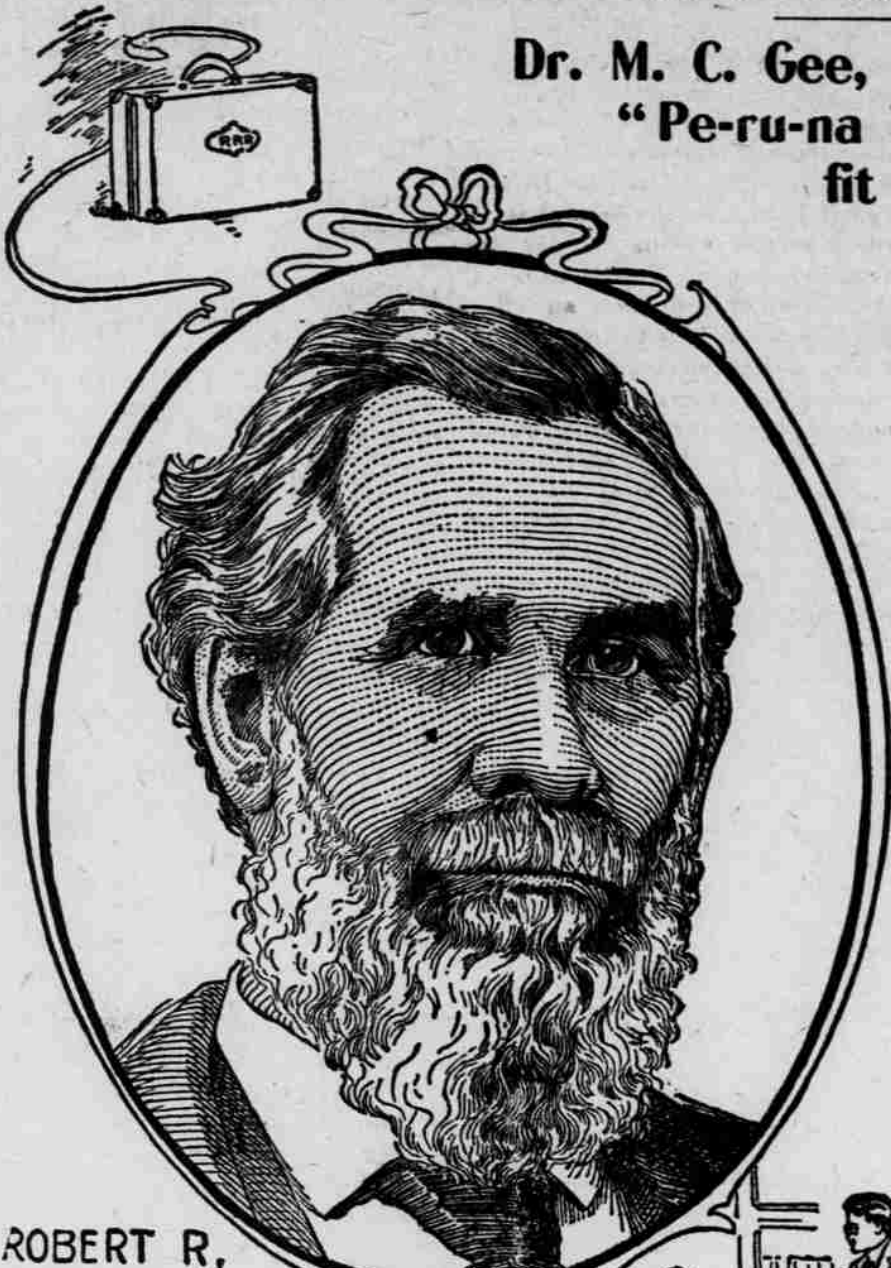
The stage of to-day may not deal with philosophical religious thought in the same earnest manner in which it has done in the past, nor delight in the depiction of abstract phases of character, but it does present living men and women of to-day. To portray the women the actress is obliged to summon every art and to perfect herself in every physical charm that she may serve as a model for personal attractiveness.—Virginia Harned, in Boston Globe.

Alarming Announcement.

A popular dining saloon in the British metropolis has a sign outside the door conveying information of an alarming character: "This is the best restaurant in London. Our fish cannot be approached."

PROMINENT PHYSICIANS PRESCRIBE PE-RU-NA.

Dr. M. C. Gee, of San Francisco, Says, "Pe-ru-na is of Especial Benefit to Women."



ROBERT R. ROBERTS, M.D.

Robert R. Roberts, M. D., Washington, D. C., writes:

"Through my own experience as well as that of many of my friends and acquaintances who have been cured or relieved of catarrh by the use of Hartman's Peruna, I can confidently recommend it to those suffering from such disorders, and have no hesitation in prescribing it to my patients."—Robert R. Roberts.

A CONSTANTLY increasing number of physicians prescribe Peruna in their regular practice. It has proven its merits so thoroughly that even the doctors have overcome their prejudice against so-called patent medicines and recommend it to their patients. Peruna occupies a unique position in medical science. It is the only internal systemic catarrh remedy known to the medical profession today. Catarrh, as every one will admit, is the cause of one-half the diseases which afflict mankind. Catarrh and catarrhal diseases afflict one-half of the people of the United States.

F. H. Brand, M. D., of Mokena, Ill., uses Peruna in his practice. The following case is an example of the success he has through the use of Peruna for catarrh.

Dr. Brand says: "Mrs. 'C,' age 28, had been a sufferer from catarrh for the past seven years; could not hear plain and had watery eyes. She came to me almost a physical wreck. She had tried the Copeland cures and various other so-called specialists, and had derived no benefit from them. She told me she did not want to spend any more money on

medicines unless I could assure her relief.



F. H. BRAND, M. D.

"This is only one case of the many I have treated with your valuable medicine."—F. H. Brand, M. D.

Catarrh may invade any organ of the body; may destroy any function of the body. It most commonly attacks the head, nose and throat, but thousands upon thousands of cases of catarrh of the lungs, stomach, kidneys, bladder and other pelvic organs have been cured by Peruna.

Peruna is able to cure catarrh wherever it may be located by its direct action upon the mucous membranes. Catarrh means inflamed mucous membranes. Peruna acts at once to cleanse and invigorate the catarrhal condition of the mucous membrane no matter where it may occur in the body. Its action is the same on the mucous lining of the nose as on the mucous lining of the bowels. It cures the catarrhal inflammation wherever it may occur.

Dr. R. Robbins, Muskogee, I. T., writes:

"Peruna is the best medicine I know of for cough and to strengthen a weak stomach and to give appetite. Beside prescribing it for catarrh, I have ordered it for weak and debilitated people, and have not had a patient but said it helped him. It is an excellent medicine and it fits so many cases.

"I have a large practice, and have a chance to prescribe your Peruna. I hope you may live long to do good to the sick and suffering."

We say Peruna cures catarrh. The people say Peruna cures catarrh. Prominent men and women all over the United States from Maine to California do not hesitate to come out in public print to say that Peruna is what it is recommended to be, an internal, systemic catarrh remedy that cures catarrh wherever it may be located.

Dr. M. C. Gee's Experience.

Dr. M. C. Gee is one of the physicians who endorse Peruna. In a letter written from 813 Jones street, San Francisco, Cal., he says:

"There is a general objection on the part of the practicing physician to advocate patent medicines. But when any one medicine cures hundreds of people, it demonstrates its own value and does not need the endorsement of the profession.

"Peruna has performed so many wonderful cures in San Francisco that I am convinced that it is a valuable remedy. I have frequently advised its use for women, as I find it cures regular and painless menstruation, cures leucorrhoea and ovarian troubles, and builds up the entire system. I also consider it one of the finest catarrh remedies I know of. I heartily endorse your medicine."—M. C. Gee, M. D.

Women are especially liable to pelvic catarrh, female weakness as it is commonly called. Especially in the first few weeks of warm weather do the disagreeable symptoms of female weakness make themselves apparent. In crisp, cold weather chronic sufferers with pelvic catarrh do not feel so persistently the debilitating effects of the drain upon the system, but at the approach of summer with its lassitude and tired feelings, the sufferer with pelvic catarrh feels the need of a strengthening tonic.

Peruna is not only the best spring tonic for such cases but if persisted in will effect a complete cure. Write for a copy of "Health and Beauty," written especially for women by Dr. Hartman. If you want to read of some cures also, write for a copy of "Facts and Faces." That will surely convince you that our claims are valid.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

FIGHTING BLOOD

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Pure blood is essential to an active mind, strong body and bold heart. Not only is it necessary in a trial of physical strength, but equally so in the mighty struggle for worldly wealth. The victim of impure blood is generally half-sick, lacks spirit and energy, and is unable to stand the strain of the contest—besides this, he is in constant danger of contracting some life-threatening disease. To have pure blood, the kidneys, liver, stomach and bowels must be free from obstructions, and strong in the performance of their functions. This desirable condition can be secured and maintained through the use of PRICKLY ASH BITTERS, the "World-Celebrated" system cleanser and blood purifier. A short course with this great remedy vitalizes the blood and puts the system into prime condition. Invigorates the body, promotes good appetite, restful sleep and cheerful spirits. As a household remedy to relieve indigestion, sour stomach, heartburn, bad breath, belching, flatulence, constipation and for keeping the system in order it is invaluable.

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